



## CRESS CHARACTERS: Instruction Sheet

1. Wet a handful of cotton wool balls and squeeze out any excess water, then use them to fill the pot to three-quarters full.
  2. Sprinkle your cress or grass seeds all over the cotton wool, getting in the crevices and on the top.
  3. Sprinkle some more water over the seed but don't drown them.
  4. Leave to grow over the next week. If you think the cotton wool is dry, sprinkle more water over it - make sure your cotton wool stays damp.
- 