

Spectrum Debate: Do All Teenagers Think the Same?

Statements for the Spectrum Debate Academic Wellbeing Tutorial. Begin reading the statements – you could also put these onto a monitor for all students to see the prompt clearly. Allow 1 minute after you read the statement out for students to move onto a line. After this select students and ask them why they made that decision and encourage some discussion between people from the other lines to start a slight debate. Ensure that you tell students that this is a safe space and to be respectful when listening to people's opinions.

I am addicted to social media...

I like the way I look...

I feel too much stress for my age...

I care about current events...

Teenagers have more influence than previous generations...

I find it easy to make friends...

My parents and I agree on social issues...

I get enough sleep...

I get my news from YouTube...

I am optimistic about the future...

